

# New Mexico Ballet Company

## End of Summer Dance Intensive

Technique–Pointe/Pre–pointe–Variations–Stretch/Strength–Nutrition

August 2–6 & August 9–13

10 AM to 3 PM

Advanced level: \$240 per week

Intermediate level: \$240 per week

Youth level (starting at age 8): \$195 per week

**Guest Faculty: Philip Neal and Teanna Zarro**

### **Workshop Facilities:**

Alwin School of Dance

10410 Comanche NE

Albuquerque, NM

### **Admission Policies**

Auditions are not required for admission. Placement class will be held the first day of classes. Class placement, for both technique and pointe, will be determined by the Artistic Director and the professional staff. Dancers who do not attend the first week will be placed by the Artistic Director at her discretion and may be moved after an initial class evaluation. Class sizes are limited and admission is on a first come, first serve basis. Drop ins for the day will be allowed if the class is not full. All drop in fees must be pre-paid before entering class. A registration form must be filled out before class and if the dancer is under 18, a parent must fill out and sign the form. No exceptions.

Men's classes will be available if enrollment allows. Please contact us for prices.

## **Curriculum**

The intensive is set up to provide students with high quality, intense training to get dancers in shape for the upcoming season. Each day, the intermediate and advanced levels will have a one hour and 45 minute technique class followed by a one hour pointe class. There will be a short break followed by 75 minutes of either variation on pointe, stretch/strength, nutrition or pas de deux class. The Youth level will have a one hour and 45 minute technique class followed by 1 hour of pre-pointe. There will be a short break followed by 75 minutes of either variation on flat, stretch/strength or nutrition class.

Please note: pre-pointe class is in no way an acknowledgement we consider your dancer ready for pointe. It is a class designed to help your dancer gain the strength needed for pointe and have an understanding of what pointe involves. Putting a dancer on pointe will be determined by the dancer's home school.

Breaks between classes are very short and there is only a 30 minute lunch break. We ask that dancers bring their food for the entire day and not leave for lunch. Be sure to bring plenty of light, healthy, compact snacks and a light lunch plus plenty of water (please no other drinks in the studio).

## **Faculty**

NMBC has brought together an amazing group of teachers for the dancers. Our guest teachers include Philip Neal, who is a principal dancer for New York City Ballet and a teacher at the School of American Ballet and Teanna Zarro, formerly of the Joffrey Ballet and NMBC Guest Artist.

We are also proud to have our highly talented local faculty teach for us this summer, including Jolie Sutton-Simballa, Artistic Director, Suzanne Johnston, Jennifer Boren, Virginia Wilmerding and Wendy Rubin, among others. Please visit our website for more details.

## **Class Etiquette and Attire**

All dancers will arrive dressed for class at least 15 minutes prior to the beginning of class and be in the class room when class begins. Dancers who arrive late may be denied admittance to class. All female dancers will wear a plain black leotard and pink tights. No cover ups will be allowed and skirts only with permission of the teacher. Hair will be pulled up neatly and shoes will be in good shape. Colored leotards are allowed on Fridays. Male dancers will wear a black or white shirt with black tights and shoes in good shape. No sweat pants. Dancers will treat each other, instructors, the staff and the facility with respect. Only water is allowed in the class room and all cell phones will be in the off mode during the intensive.

## **Housing**

Home stay housing is available for non-local dancers. Please contact us for further information. There will be additional fees for home stays. If we have enough interest by June 1, we might be able to offer a dorm like setting with adult chaperones. All costs will be the responsibility of the dancer and their parent and is only available for age 13 and above female students.

## **Notification of Changes**

NMBC reserves the right to change faculty, staff or times listed above. While we do not anticipate changes, they may occur. Updates will be given to registered dancers as they happen via email. Please check the web site frequently for any changes. Dancers and their parents are responsible to check for changes.

## **Refunds**

There will be no refunds and no credit for missed classes.

## **Registration**

A minimum \$50 deposit is required with registration, no later than July 1. Balance is due by July 15<sup>th</sup> by check made out to NMBC. Please mail the deposit, registration form, signed waiver and check to NMBC at:

**New Mexico Ballet Company**

**PO Box 21518**

**Albuquerque, NM 87154**

Feel free to contact us at 505-292-4245 or [info@newmexcioballet.org](mailto:info@newmexcioballet.org).

NMBC End of Summer Intensive 2010

Please print neatly

Name \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_

Dancer's phone \_\_\_\_\_ Email \_\_\_\_\_

Years of dance experience: Ballet \_\_\_\_ Pointe \_\_\_\_ Pre-pointe \_\_\_\_ Other \_\_\_\_\_

Current studio \_\_\_\_\_ Teacher \_\_\_\_\_

Father's name \_\_\_\_\_

Phone # \_\_\_\_\_ Email \_\_\_\_\_

Mother's name \_\_\_\_\_

Phone # \_\_\_\_\_ Email \_\_\_\_\_

Dancer's primary address \_\_\_\_\_

Emergency contact \_\_\_\_\_ Phone \_\_\_\_\_

Relationship \_\_\_\_\_

Please list any health issues, recent injuries, allergies or daily medication that NMBC should be aware of

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Which weeks will you be attending?

August 2-6 \_\_\_\_\_ August 9-13 \_\_\_\_\_

Please include a check for a minimum of \$50, a non-refundable deposit, made out to NMBC. Balance is due no later than July 15.

Please mail payment and forms to:

NMBC ~ PO Box 21518 ~ Albuquerque, NM 87154

Please read and sign the page below. If the dancer is under 18 years old, the form must be signed by a parent.

## NMBC End of Summer Intensive

### Injuries/Waiver of Liability/Authorization

I understand that there is risk of a potential injury associated with dance classes. I represent the above named student is in good health and physically capable of participating in dance classes. On behalf of myself (and the above mentioned student, if different from the undersigned), I hereby waive and release any claim against New Mexico Ballet Company, their staff, employees, landlord and contractor and Alwin' School of Dance, arising out of personal injury occurring in connection with classes or otherwise occurring in or around the dance school. I accept responsibility for obtaining appropriate accident, health and hospitalization insurance to cover the student in event of personal injury. In the event of an injury or other medical emergency, if I cannot be reached, I authorized NMBC to seek any medical assistance reasonably required in your judgment and I agree to be responsible for medical expenses incurred on behalf of the student.

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(Signature of student or legal guardian  
if under age 18)

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Date